



Updated Youth Basketball COVID Guidelines

With the new Restore Illinois guidelines, basketball now has been moved up to the higher risk category and can only play at Level 1, which limits basketball to non-contact practices and training only. Scrimmage games can no longer take place.

We will be adjusting the basketball program to a new format to adhere the Restore Illinois Guidelines. Teams will have weekday practice and a Team Skill Competition Day on the weekend where teams will participant in team skill challenges.

Teams will be divided into teams of 18-24 players based on school and grades, dependent on registration numbers. Players will only practice and have team competitions within their own team

Everyone must wear masks when indoors for both practices and games at all times. This includes parents, players, coaches and players before, during, and after game play.

There will be 2-4 coaches per team of 24. At least 2, maximum of 4 coaches per team

Practices will start in early December and scrimmage games will start in early January

Parents will only be allowed to drop off players for week day practices

For team competitions spectators will designated to sit 6' apart from other spectators and must are required at all times inside the building.

There will be a progressive discipline policy for anyone that does not adhere to the mask policy

Practices and team competitions games will have 15 minutes time in between to allow for players to enter and exit the building. The next team will not be able to enter the facility until the previous team is out of the facility.

There will be no evaluations on Saturday November 7th

No food may be consumed in the facility

Drinking fountains will not be available for use

No handshakes, high fives, fist bumps, hugs, touching "go team" hand raises

No spitting or blowing of the nose without the use of a tissue is allowed.

All players should bring their own basketball

Cleaning supplies will be at each location for disinfecting between teams.

Anyone who develops a temperature of 100.4 degrees or more or exhibiting signs of illness while in the program will be immediately sent home.

If anyone in the household is showing signs of COVID 19, please do not send players to the gym. When in doubt, please stay home.

GPD Staff will clean and disinfect restrooms after practice nightly

Cleaning and disinfecting of premises will be conducted in compliance with CDC protocols and school district expectations on a weekly basis by staff.

If a player is experiencing COVID-19 symptoms, they should wait to enter the premises for a minimum of 10 days after symptom onset OR until feverless and feeling well (without fever reducing medication) for at least 24 hours OR confirmed to not have COVID-19 via 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart OR a doctor's release.

Staff will encourage individual to contact their health care provider

If multiple individuals report having any COVID-19 related symptoms, staff will notify local health department within three days of being informed of the prevalence of COVID-19 symptoms.

If a player tests positive for COVID-19 they should notify the Athletic Supervisor. Park District staff will follow guidance from Park District Risk Management Association (PDRMA) and follow the PDRMA COVID-19 Employer Protocol Response Plan, which includes notifying local health department.

If player is identified as being COVID-19 positive by testing, deep cleaning and disinfecting should be performed according to CDC guidelines, including carpet extracting. Park District staff will work in conjunction with school district staff to ensure all expectations are met.

If the guidelines change in the middle basketball season, we will re-evaluate the plan for the season. Teams will re-evaluate the format for the season. Below are some of the team competitions on the weekends.